



## Sample Contract for Disrespect

**Rule 1:** XXXX will show respect to her parents and every adult with whom she comes in contact .

The following will be considered to be disrespectful:

- Talking back
- Refusing to follow directions
- Yelling, screaming
- Arguing
- Disrespectful body language, such as rolling eyes, sucking teeth, etc.

XXXX may display other behaviors which may be considered disrespectful. Once these behaviors happen, XXXX will be told that they are considered disrespectful, and they will be added to the list.

**Consequences:** If XXXX’s parents, or any other adult observe or consider XXXX to be acting disrespectfully:

1. XXXX will receive one verbal warning to stop her disrespectful behavior immediately. If she does not stop the behavior immediately, or if disrespect happens another time the same day, XXXX will be told that she has received her second warning and the following will happen:
  - XXXX will be grounded for the remainder of that day, and must stay inside the house, and will not be able to have any company. If she has to work, she will be grounded the first day she does not have to work. If the disrespect happens after 9pm, XXXX will be grounded the following day. The only social contact XXXX may have, outside of immediate family, is the use of the home phone (not cell phone).
  - If disrespect still continues or happens a second time the same day, XXXX will lose all phone and social privileges for an additional day.
  - Should XXXX choose to continue disrespect that same day, she will remain in her room and will additionally not be allowed to watch TV, or listen to the stereo for the following 24 hours.
  - Any additional incidents of disrespect on the same day will result in all of the consequences noted above being extended to 7 days.

**Privilege:**

For every 7 days (Friday to Friday) XXXX is able to go without receiving any consequence for being disrespectful, she will be allowed driving privileges (a minimum of 24hrs. notice for approval) twice in the following week. Additional driving opportunities will be at Mom’s discretion.

Agreed to, this \_\_\_\_ day of \_\_\_\_\_:

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XXXX will show respect to her parents and every adult with whom she comes in contact .

The following will be considered to be disrespectful:

- Talking back
- Refusing to follow directions
- Yelling, screaming
- Arguing
- Disrespectful body language, such as rolling eyes, sucking teeth, etc.

XXXX may display other behaviors which may be considered disrespectful. Once these behaviors happen, XXXX will be told that they are considered disrespectful, and they will be added to the list.

If XXXX does not commit any of these actions for the next 7 days, she may have a phone in her room. XXXX has agreed to do the extra chores of laundry and cleaning the kitchen, daily for the next 7 days so that the phone she receives will be upgraded to a portable phone.

Once XXXX earns the privilege of having a phone in her room, she may use the phone as follows:

- During the school year, XXXX may use the phone after she completes her homework. She may use the phone from 6pm until 10 pm on school nights (Sunday-Thursday nights)
- During times when school is not in session XXXX may use the phone until 11 pm, as long as all chores are adequately completed.
- If the phone privileges are abused, the consequence will be the loss of all phone privileges for one week.

**Consequences:** If XXXX's parents, or any other adult observe or consider XXXX to be acting disrespectfully:

2. XXXX will receive one verbal warning to stop her disrespectful behavior immediately. If she does not stop the behavior immediately, or if disrespect happens another time the same day, XXXX will be told that she has received her second warning and the following will happen:
  - XXXX will lose one hour of phone time that night
  - If disrespect still continues or happens again the same day XXXX will lose all phone and social privileges for the remainder of that day, and the next day.
  - Should XXXX choose to continue disrespect that same day, she will remain in her room and will not be allowed to use the phone, watch TV, or listen to the stereo for the following 24 hours.
  - Further disrespect on the same day will result in all of the consequences noted above being extended to 7 days.
  - As a last resort, continued disrespect will result in the notification of XXXX's Probation Officer.

Agreed to, this \_\_\_\_ day of \_\_\_\_\_:

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# Sample Contract for Disrespect

XXXX will show respect to all who live at his/her home.

The following will be considered to be disrespectful:

- Swearing
- Calling names
- Refusing to follow directions
- Arguing
- Yelling/Screaming
- XXXX may display other behaviors which may be considered disrespectful. Once these behaviors happen, XXXX will be told they are considered disrespectful, and they will be added to this list.

If XXXX does not go beyond Strike Two for 1 week (Saturday to Saturday) he will be allowed to go to one approved movie.

If XXXX earns two movies in a row (two weeks), he will receive \$5.00 from his/her parent(s).

XXXX may save one movie in the “bank.” If XXXX loses movie privilege for one week due to disrespect, he may not use the “banked” movie that week.

If there is no movie which XXXX wants to see, he may request that he be allowed to substitute the movie with:

- Skating
- Fast food
- CeCe’s Pizza
- Golden Corral
- Another reasonable substitute

If parent(s) observe or consider XXXX to be acting disrespectfully:

1. XXXX will receive one verbal warning to stop his disrespectful behavior immediately. This will be considered Strike One.
2. If XXXX does not stop the behavior immediately, or it happens another time that same day he will be told he has received his second warning. Strike Two.
3. If XXXX receives a third warning (Strike Three) the same day the following will happen:
  - a. XXXX will lose movie privilege for that week
  - b. XXXX will sit in an area specified by either parent(s) for 3 hours.
  - c. If XXXX continues the disrespect, or refuses to cooperate he will be grounded from all social activities for the remainder of that day, and the following day.
  - d. If the disrespect continues, XXXX’s probation office will be notified.

XXXX’s cooperation with this contract will have an impact on decisions regarding XXXX being allowed to go on future family trips.

\_\_\_\_\_  
XXXX

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date